

Suicide Awareness & Prevention Resources in Southern Colorado

SUICIDE PREVENTION AND CRISIS RESOURCES

Suicide and Crisis Lifeline	988
Suicide Prevention Lifeline	800-273-TALK / (800) SUICIDE
Colorado Crisis Services	844-493-TALK OR text TALK to 38255 OR chat online (4 p.m. - 12 a.m. 7 days a week) at www.coloradocrisisservices.org/chat
Veteran's Crisis Hotline	800-273-8255 ; Press option 1
Trevor Project	866-488-7386 (LGBTQ+ Youth)
Trans Lifeline	877-565-8860 (Transgender & Gender Expansive Youth and Adults)
IAMALive	iamalive.org (online crisis network with 24/7 chat)
Crisis Text Line	Text HOME to 741741 24/7

24 HOUR CRISIS WALK-IN LOCATIONS

Colorado Springs, CO
115 S. Parkside Dr.
Colorado Springs, CO 80910
aspenpointe.org

Pueblo, CO
1302 Chinook Lane
Pueblo, CO 81001
health.solutions/services/atu

Montrose, CO
300 N Cascade Ave.
Montrose, CO 81401
719-422-8800
saludclinic.org/trinidad

COMMUNITY MENTAL HEALTH PARTNERS

Cedar Springs Hospital
2135 Southgate Rd.
Colorado Springs,
CO 80906
719-633-4114
cedarspringsbhs.com

**Peak View
Behavioral Health**
7353 Sisters Grove
Colorado Springs,
CO 80923
888-235-9475
peakviewbh.com

**Parkview Medical Center
Behavioral Health**
400 West 16th St.
Pueblo, CO 81003
719-584-4000
parkviewmc.com

**Salud Family Health
Centers**
911 Robinson Ave
Trinidad, CO 81082
970-484-0999
saludclinic.org/trinidad

SUICIDE SUPPORT GROUPS

**American Foundation for Suicide
Prevention (AFSP)**
afsp.org/find-a-support-group

**Suicide Prevention Coalition of
Colorado (SPCC)**
[suicidepreventioncolorado.org/
suicide-prevention-resources/
support-groups](http://suicidepreventioncolorado.org/suicide-prevention-resources/support-groups)

Heartbeat Survivors After Suicide
heartbeatsurvivorsaftersuicide.org

Heartlight Center
heartlightcenter.org

ADVOCACY/SUPPORT

Pikes Peak Suicide Prevention
719-573-7447
pikespeaksuicideprevention.org

**Depression and Bipolar Support
Alliance (DBSA)**
719-477-1515
dbsacoloradosprings.org

**National Alliance of Mental Illness
(NAMI) Colorado Springs**
719-473-8477
namicoloradosprings.org

ONLINE RESOURCES FOR SUICIDE PREVENTION, INFORMATION, AND SUPPORT

Alliance of Hope	(24/7 online support community for survivors of suicide loss) allianceofhope.org
American Association of Suicidology	suicidology.org
American Foundation for Suicide Prevention CO Chapter	afsp.org/chapter/afsp-colorado
Colorado State Office of Suicide Prevention	303-692-2369 colorado.gov/cdphe/categories/services-and-information/health/preventions-and-wellness/suicide-prevention
Community Assessment and Coordination of Safety (C.A.C.S.)®	Suicide assessment and safety planning app for mental health and school professionals cacs-co.com
Man Therapy	mantherapy.org
National Alliance on Mental Illness (NAMI)	nami.org
Second Wind Fund	Free therapy for Colorado youth experiencing suicide thesecondwindfund.org
Suicide Intervention Skills Gatekeeper Training Workshops	denverqprtraining.com
Suicide Prevention Coalition of Colorado	suicidepreventioncolorado.org
Suicide Prevention Resource Center	sprc.org

OTHER CRISIS HOTLINES / SUPPORT RESOURCES

Child Abuse Report Line

CO State Child Abuse Report Line **844-CO-4-KIDS**

Southern Colorado Hotlines

Alcoholics Anonymous **719-573-5020**

Narcotics Anonymous **719-637-1580**

Self-Harm Support

Self-Injury Hotline **800-DON'T CUT (800-366-8288)**

Domestic Violence (DV) Resources

National DV Hotline **800-799-7233**

Domestic Violence/Sexual Assault (TESSA) **719-633-3819**

The Crisis Center 24-Hour Crisis Line **303-688-8484**

Safehouse Denver Crisis and Info Line **303-318-9989**

Rape/Sexual Assault Resources

National Sexual Assault Hotline **800-656-HOPE**

The Blue Bench **303-322-7273**