

Clinician Survivor Resources

Navigating barriers to healing from suicide loss

After a Client Death by Suicide

American Association of Suicidology (AAS)
www.suicidology.org

Coalition of Clinician-Survivors (CCS)
cliniciansurvivor.org

National Alliance for Mental Illness (NAMI)
NAMI.org

Grief Reactions and Signs of Burnout

Anxiety
Uncontrolled worry
Fixating on things
Desire to control
Anger
Nervousness
Forgetfulness
Loss of pleasure
Change in sex drive
Avoiding others
Increased negativity
Not keeping appointments
Changes in appetite
Restlessness
Feeling slowed down
Lack of motivation
Increased Road Rage

Additional Trainings and Tools

ALERT Training by Croswaite Counseling, PLLC
Croswaitecounselingpllc.com/suicideassessment

ASIST Suicide Prevention Training by Livingworks
Livingworks.net

CAMS Suicide Assessment Training
www.cams-care.com

CACS-co-com Suicide Risk Tool
www.cacs-co.com

QPR Suicide Assessment Training
www.qprinstitute.com

Self-Reflection and Self-Paced Reading

Helping the Suicidal Person by Stacey Freedenthal

Loving the Suicidal Person by Stacey Freedenthal

The Price by Sarah Gaer

This is How it Feels: A Memoir of Attempting Suicide and Finding Life by Craig Miller

Why People Die by Suicide by Thomas Joiner

Updated as of 3/24/23

Saving More Lives from Suicide Series

Download this and other tools
at Croswaitecounselingpllc.com/suicideassessment

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